

Abersoch SENIORS Paddleboard Race

RULES & ENTRY FORM

RULES

PRE-RACE

Paddleboard Race day,

1. Entry forms will be available before event and on beach location on day of event
2. Entrants are to check in with beach event officer
3. After registration, paddleboards must be taken to the beach for placement and inspection.
4. **£5 entry fee.** Late arrivals to sign forms on beach if necessary

GENERAL RULES

1. Competitors must not receive assistance from the shore or any other vessel, e.g. No towing.
2. Competitors are requested to use suitable dress/protective clothing so as to conserve body heat.
3. Start and finishing instructions will be issued to competitors when registering entries at the registration station.
4. **Minimum age of entrants, 16 years.** At the time of registration every competitor will be required to sign a declaration absolving the organisers from any responsibility. Under 18 year olds must have the signed permission of a parent or guardian.
5. In all matters relating to the Paddleboard Competition the Committee's decision is final.

SAFETY RULES

The decision on whether to go ahead with this event, and how it is to be run, lies entirely with the Abersoch Regatta Committee. Sea conditions, wind strength and direction, wind chill, pollution etc. will all be taken into account before any decisions are made.

1. Well fitting, recognised life preserving devices or approved buoyancy aids must be worn by all competitors – there will be no exception to this rule.
2. No physical interference between paddleboards will be permitted and offending competitors may be disqualified.
3. Safety craft will be provided. It is, however, the responsibility of each competitor to ensure their own safety and be satisfied that they are proficient swimmers. Competitors will be required to sign a declaration to that effect. Competitors will also be responsible for drawing to the attention of the organisers if they have a medical condition, disability or special needs.
4. Competitors must follow the instructions of the safety officials on the beach and in safety boats. Safety officials are permitted to withdraw from the race any competitor who they consider to be unfit to participate or to continue.

GENERAL DECLARATION TO BE SIGNED BY ENTRANTS

All participants will be required to sign that they have read and accept the Terms and Conditions before being allowed to participate in the race.

RACE RULES

COURSE

1. The race will start at approx 13.00 hrs from Abersoch Main Beach
2. The course will be advised to competitors on registration.

DATE and TIME

Tuesday 13th August at 13.00 hrs

TIDAL INFORMATION

High water 14.44 hrs approximately.

VENUE

Registration is at the bottom of the ramp in the centre of Abersoch Main Beach.
The course is in Abersoch bay, off the Main beach
The direction and length of the course is weather dependent.

ABERSOCH REGATTA PADDLEBOARD COMPETITION 2024

ENTRY FORM AND GENERAL DECLARATION TO BE SIGNED BY ENTRANTS

To be completed and handed in on the beach before the race, together with £5 entry fee

Name

General Declaration

I confirm that I have read and accept the Terms and Conditions as outlined on the following page.

I confirm that I am a proficient swimmer

I declare that I have no pre-existing medical conditions that prevents my participation or successful completion of this event.

Name

**Signed (Parent or Guardian if
under 18)**

**Emergency
Contact No.**

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EVENT TERMS AND CONDITIONS

1. In these terms and conditions references to an activity includes all types of fundraising events and activities.

- 1.1. To secure your place you must pay the registration fee by the date and time specified;
 - 1.2. All participants must act responsibly and take care for their own safety and that of those around them;
 - 1.3. You must not participate in the event whilst under the influence of alcohol or drugs nor consume alcohol or drugs during the event;
 - 1.4. Photographs and films may be taken throughout the event by the Abersoch Regatta Committee, its affiliated contractors and agents. The Abersoch Regatta Committee relies upon legitimate interest as a lawful basis to use photographs and films featuring event participants for marketing, publicity and fundraising purposes by means of print, broadcast, social media or any other media now or in the future.
 - 1.5. The Abersoch Regatta Committee may request consent from a participant to feature in a specific media for marketing, publicity or fundraising purposes. In the event that the Abersoch Regatta Committee makes such a request it will seek the consent from the Participant (or the Participant's parent or guardian in the event the Participant is under 18) on a separate consent form. The Participant may at its sole discretion choose to grant the Abersoch Regatta Committee consent. It is not a condition of the Event that such consent is granted.
 - 1.6. All Participants and the parents or guardians of any under 18s acknowledge and agree that no payment will be made to any Participant for the use of any photographs, images or films in which they may feature.
 - 1.7. The Abersoch Regatta Committee's use of the Participant's photograph and/or personal information contained in a marketing feature will be in accordance with its privacy policy.
 - 1.8. Please note that participating in this event may involve a real risk of serious injury or even death from over exertion, dehydration, accidents with other participants, spectators or sea users and other causes.
The following provisions apply to all activities:
2. You:
- 2.1. Agree to ensure that you are eligible to take part in the activity in accordance with any criteria published by the Abersoch Regatta Committee (e.g. minimum age, height/weight or health restrictions etc.) and agree to comply with any safety guidelines or other activity rules;
 - 2.2. Accept that the onus is on you to ascertain whether there are any risks associated with you taking part in the activity and confirm that you are not aware of, or have disclosed when prompted, any medical condition or impairment that may be detrimental to your health if you participate in the activity. If you become aware of any such medical condition or impairment you will withdraw from the activity. If you are in any doubt as to your physical ability to take part in the activity you must consult your doctor before arranging to take part;
 - 2.3. Accept that you are taking part in the activity on your own initiative and agree to participate in the activity entirely at your own risk; and
 - 2.4. Agree that you will not hold the Abersoch Regatta Committee, its officers, employees, volunteers or agents liable for any loss, injury, damage or costs that may result from the activity or your participation in it caused in any way, save death or personal injury due to the negligence of the Abersoch Regatta Committee or fraud or fraudulent misrepresentation by the Abersoch Regatta Committee. We recommend that you obtain personal accident insurance cover for any activity involving risk of injury.
3. If a claim is made against the Abersoch Regatta Committee in relation to the activity arising out of any breach by you of these terms and conditions, you agree to reimburse the Abersoch Regatta Committee for any sums which the Abersoch Regatta Committee pays as a result of that claim including, but not limited to, any associated legal or other costs and expenses.
 4. Any entry fees paid are non-refundable.
 5. If you send us any photos or video of your activity you agree that the Abersoch Regatta Committee may (free of charge) publish or broadcast them to publicise the work of the Committee and to promote fundraising by them.
 6. You agree that you will not do anything to harm the Abersoch Regatta Committee's good name and reputation.
 7. These terms and conditions shall be governed by and construed in accordance with the laws of England and Wales and the parties submit to the exclusive jurisdiction of the English Courts.

Abersoch Juniors' Paddleboard Race

RULES & ENTRY FORM

RULES

PRE-RACE

Paddleboard Race day,

5. Entry forms will be available before event and on beach location on day of event
6. Entrants are to check in with beach event officer
7. After registration, paddleboards must be taken to the beach for placement and inspection.
8. **£3 entry fee.** Late arrivals to sign forms on beach if necessary

GENERAL RULES

6. Competitors must not receive assistance from the shore or any other vessel, e.g. No towing.
7. Competitors are requested to use suitable dress/protective clothing so as to conserve body heat.
8. Start and finishing instructions will be issued to competitors when registering entries at the registration station.
9. **The minimum age of entrants is 6 years, and the maximum age is 15 years.** At the time of registration, a parent or guardian must sign a declaration stating that the child is in good health and able to swim.
10. Each parent or guardian will be a spotter for their child during the race e. keep
11. In all matters relating to the Paddleboard Competition the Committee's decision is final.

SAFETY RULES

The decision on whether to go ahead with this event, and how it is to be run, lies entirely with the Abersoch Regatta Committee. Sea conditions, wind strength and direction, wind chill, pollution etc. will all be taken into account before any decisions are made.

5. Well fitting, recognised life preserving devices or approved buoyancy aids must be worn by all competitors – there will be no exception to this rule.
6. No physical interference between paddleboards will be permitted and offending competitors may be disqualified.
7. Safety craft will be provided. However, parents / guardians of the children are to follow the race and keep an eye on their respective children and raise the alarm with the nearest marshal if they believe that their child is in danger.
8. Competitors must follow the instructions of the safety officials on the beach and in safety boats. Safety officials are permitted to withdraw from the race any competitor who they consider to be unfit to participate or to continue.

GENERAL DECLARATION TO BE SIGNED BY PARENTS/GUARDIANS

All parents/guardians will be required to sign that they have read and accept the Terms and Conditions before their child is allowed to participate in the race.

RACE RULES

COURSE

3. The race will start at approx 12.30 hrs from Abersoch Main Beach
4. The course will be advised to competitors on registration

DATE and TIME

Tuesday 13th August at 12.30 hrs

TIDAL INFORMATION

High water 14.44 hrs approximately.

VENUE

Registration is at the bottom of the ramp in the centre of Abersoch Main Beach.
The course is in Abersoch bay, off the Main beach
The direction and length of the course is weather dependent.

ABERSOCH REGATTA JUNIOR PADDLEBOARD COMPETITION 2024

ENTRY FORM AND GENERAL DECLARATION TO BE SIGNED BY PARENTS/GUARDIANS

To be completed and handed in on the beach before the race, together with £3 entry fee

Name

General Declaration

I confirm that I am the parent or legal guardian of the above named child and I agree to them taking part in the Abersoch Junior Paddleboard Race.

As their parent/guardian, I confirm that I have read and accept the Terms and Conditions as outlined on the following page.

I declare that to my knowledge my child has no pre-existing medical conditions that prevent their participation or successful completion of this event. (If you are unsure, please consult your GP for advice before allowing them to participate).

I also confirm that my child is able to swim and that I will be a spotter for my child during the race, i.e. keep an eye on their well-being.

Name of child	Age	Signed (Parent or Guardian)	Emergency Contact No
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EVENT TERMS AND CONDITIONS

1. In these terms and conditions references to an activity includes all types of fundraising events and activities.

- 1.1. To secure your place you must pay the registration fee by the date and time specified;
- 1.2. All participants must act responsibly and take care for their own safety and that of those around them;
- 1.3. You must not participate in the event whilst under the influence of alcohol or drugs nor consume alcohol or drugs during the event;
- 1.4. Photographs and films may be taken throughout the event by the Abersoch Regatta Committee, its affiliated contractors and agents. The Abersoch Regatta Committee relies upon legitimate interest as a lawful basis to use photographs and films featuring event participants for marketing, publicity and fundraising purposes by means of print, broadcast, social media or any other media now or in the future.
- 1.5. The Abersoch Regatta Committee may request consent from a participant to feature in a specific media for marketing, publicity or fundraising purposes. In the event that the Abersoch Regatta Committee makes such a request it will seek the consent from the Participant (or the Participant's parent or guardian in the event the Participant is under 18) on a separate consent form. The Participant may at its sole discretion choose to grant the Abersoch Regatta Committee consent. It is not a condition of the Event that such consent is granted.
- 1.6. All Participants and the parents or guardians of any under 18s acknowledge and agree that no payment will be made to any Participant for the use of any photographs, images or films in which they may feature.
- 1.7. The Abersoch Regatta Committee's use of the Participant's photograph and/or personal information contained in a marketing feature will be in accordance with its privacy policy.
- 1.8. Please note that participating in this event may involve a real risk of serious injury or even death from over exertion, dehydration, accidents with other participants, spectators or sea users and other causes.

The following provisions apply to all activities:

2. You:

- 2.1. Agree to ensure that you are eligible to take part in the activity in accordance with any criteria published by the Abersoch Regatta Committee (e.g. minimum age, height/weight or health restrictions etc.) and agree to comply with any safety guidelines or other activity rules;
 - 2.2. Accept that the onus is on you to ascertain whether there are any risks associated with you taking part in the activity and confirm that you are not aware of, or have disclosed when prompted, any medical condition or impairment that may be detrimental to your health if you participate in the activity. If you become aware of any such medical condition or impairment you will withdraw from the activity. If you are in any doubt as to your physical ability to take part in the activity you must consult your doctor before arranging to take part;
 - 2.3. Accept that you are taking part in the activity on your own initiative and agree to participate in the activity entirely at your own risk; and
 - 2.4. Agree that you will not hold the Abersoch Regatta Committee, its officers, employees, volunteers or agents liable for any loss, injury, damage or costs that may result from the activity or your participation in it caused in any way, save death or personal injury due to the negligence of the Abersoch Regatta Committee or fraud or fraudulent misrepresentation by the Abersoch Regatta Committee. We recommend that you obtain personal accident insurance cover for any activity involving risk of injury.
3. If a claim is made against the Abersoch Regatta Committee in relation to the activity arising out of any breach by you of these terms and conditions, you agree to reimburse the Abersoch Regatta Committee for any sums which the Abersoch Regatta Committee pays as a result of that claim including, but not limited to, any associated legal or other costs and expenses.
 4. Any entry fees paid are non-refundable.
 5. If you send us any photos or video of your activity you agree that the Abersoch Regatta Committee may (free of charge) publish or broadcast them to publicise the work of the Committee and to promote fundraising by them.
 6. You agree that you will not do anything to harm the Abersoch Regatta Committee's good name and reputation.
 7. These terms and conditions shall be governed by and construed in accordance with the laws of England and Wales and the parties submit to the exclusive jurisdiction of the English Courts.